



Government of **Western Australia**  
Department of **Health**



# The Transit Lounge

Your discharge home or transfer to  
another facility



## Transit Lounge hours

Monday to Friday, 8am - 6pm

Contact: (08) 6152 5444



Fiona Stanley Hospital aims to discharge you home as soon as you are well enough, with planning for your return home beginning at either the pre-admission or admission stage of your treatment. Before discharge home, you may be transferred to another facility for ongoing care.

If you are being transferred to another hospital, Fiona Stanley Hospital will arrange appropriate transport for you.

At the Transit Lounge you will wait for:

- Discharge medications
- Discharge summary
- Your transport home

A nurse is available to assist you with your discharge if you have any questions.

The Transit Lounge has all the facilities to keep you comfortable while you wait to leave Fiona Stanley Hospital.

- Refreshments
- Hot meals
- TV entertainment
- Reading materials
- Portable phone
- Toilet and showers

## Returning home

Have you made your discharge plan?

This is a plan of what you are going to do once you are at home in relation to:

- Exercise
- Driving
- Bathing
- Dietary requirements



Have you discussed this with your family and your Fiona Stanley team members?

Be sure to understand what you need to do before you leave the hospital.

Will you need assistance at home?

- Transport
- Cleaning
- Meals
- Shopping

Assistance is available; ask your ward Social Worker to assist with a referral before you leave hospital.

## Before you leave

Please make sure:

- You know how to take any new medications

- Do you need a medical certificate for work
- Is a follow-up appointment booked if needed
- Do you have all your valuable, x-rays, scans or reports
- Have your own medications been returned to you

## Transport arrangements

Patients are required to organise all transport to and from the hospital. The Transit Lounge staff are able to assist your transport home by contacting family or friends, arranging a taxi or assisting with public transport. Any costs incurred for transport to and/or from hospital are your responsibility.

## Location

Bedbrook Row, East Entrance, Ground Floor (next to the Patient Equipment Library).

A convenient 10 minute short term parking zone is located in front of the Transit Lounge. This is the main collection point for relatives, friends, carers, taxis, ambulance and pre-arranged hospital transport.

Parking is also available in the visitor car parks. The hospital is a 10 minute walk to Murdoch train station and buses run regularly between the station and the hospital.

## More information

If you have any problems or concerns after you have been discharged, please contact your local GP or GP Afterhours Clinic.

If the situation is urgent, please visit your closest Emergency Department.

Alternatively, you can contact the Fiona Stanley Hospital Helpdesk on (08) 6152 2222.

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