



Personal Protective Equipment (PPE)

Donning PPE

Step 1

Perform hand hygiene



- Remove jewellery and ensure bare below the elbows
- Using an alcohol based hand rub, cover all hand surfaces and rub until dry.

Step 2

Fit mask



- secure loops around the ears (if ties are present, secure ties at the crown of the head and at the base of the head)
- gently extend the pleats downwards to sit underneath the chin

- Mould the metal band over the nose and cheeks for a secure fit
- Avoid touching the front of the mask once fitted

Step 3

Fit eyewear, if required



NOTE: you may need to wear eye protection for occupational safety and health (OSH) requirements

- Position eyewear over eyes
- Adjust as required

Step 4

Fit gloves, if required



- Select the correct size glove
- Fit gloves, adjusting at the cuffs

Doffing PPE

Step 1

Remove gloves, if worn



- Remove by gripping at cuffs
- Immediately dispose of gloves into general waste bin

Step 2

Perform hand hygiene



- Using an alcohol based hand rub, cover all hand surfaces and rub until dry.

Step 3

Remove eyewear, if worn



- Remove eyewear by handling sides or back only
- Discard or clean and disinfect as per manufacturers instructions

Step 4

Perform hand hygiene



- Using an alcohol based hand rub, cover all hand surfaces and rub until dry.

Step 5

Remove mask



- Remove mask by only handling the ties or loops, then discard into general waste bin

Step 6

Perform hand hygiene



- Using an alcohol based hand rub, cover all hand surfaces and rub until dry.