



Brightwater

Transitional accommodation and rehabilitation programs

Facilitating discharge for people with complex
conditions

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1 Transitional Accommodation Program (TAP)

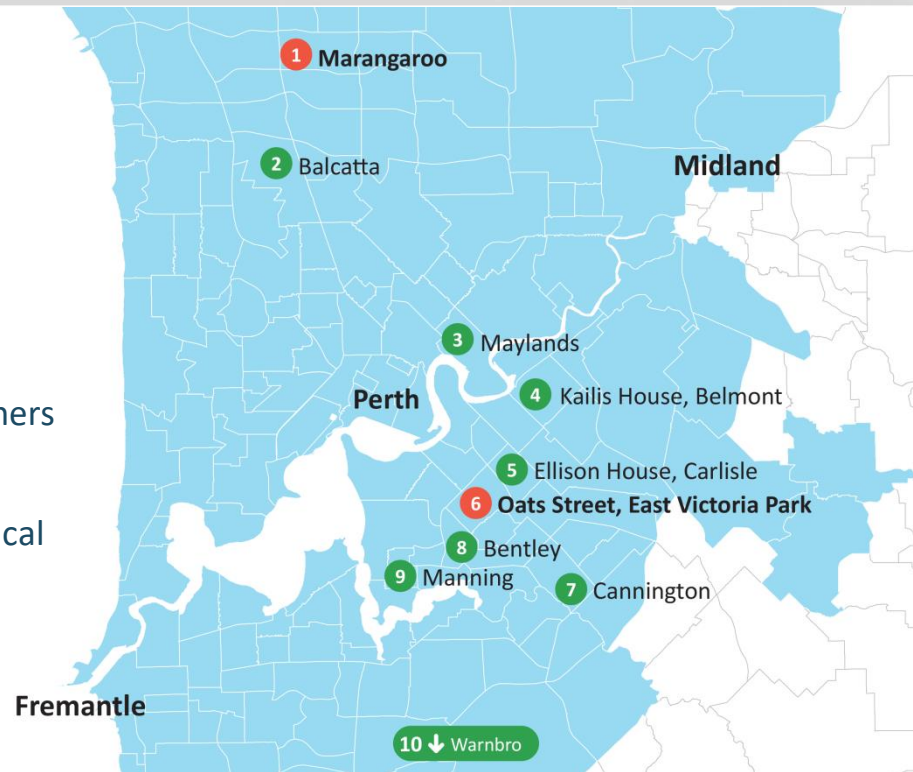
6 Transitional Rehabilitation Program (TRP)

Capacity building (NDIS)

- Community based services
- Improve skills and independence at home, work and community
- Support Coordinators and Behaviour Support Practitioners

Supported independent living

- Caters to adults with acquired or progressive neurological disability
- 56 beds across 6 houses
- 2 houses for people with Huntington's Disease



Transitional Rehabilitation – Oats Street

- Slow stream rehabilitation for people with acquired brain injury (ABI)
- On-site and in the community
- Anyone can refer
- Funded by Department of Health – daily fee is applicable



Community rehabilitation



- Clients with acquired brain injury
- Allied health input according to clients' needs
- Community integration and cognitive rehabilitation
- Anyone can refer
- Length of stay: 6 months (with possible extension)
- Funded by the Department of Health – nil daily fee

Rehabilitation outcomes

Background and Objective

- This single case study of a 23 year old male, who was no longer deemed suitable for inpatient rehabilitation following a catastrophic TBI demonstrates the cost benefits of longer term rehabilitation at a community based residential rehabilitation service in Perth, WA.
- The Northwick Park Dependency Score (NPDS) and Northwick Park Care Needs Assessment were used to compare changes in the generic estimate of care hours, dependency, and weekly cost of care in the community.
- Changes in functional independence and performance in activities of daily living (ADL) were measured using the UK FIM+FAM, Extended ADL (EADL) and Modified Barthel Index (BI). Outcomes were compared from admission to discharge.

Results

Outcome Measure	Admission	1 year	Discharge
UK FIM+FAM	50/ 210	129/210	184/210
EADL	6/ 42	10/42	19/42
Barthel Index	0/20	12/20	19/20

- NPDS score changed from 55 on admission (very high level of care) to 7 (low level of care). This is a change in weekly care hours required from 63 to 21 hours; a reduction of 42 hours/week or 2184 hours/year.
- Using the Australian National Disability Insurance Scheme (NDIS) price guide costings, this is an approximate overall cost reduction of \$149,030 per year. A conservative estimate of lifetime cost reduction (40 years) of \$6 million.
- This figure does not include ongoing cost of specialist seating and therapists, specialist support coordination, equipment and maintenance.

Transitional accommodation - Marangaroo

- For clients from metropolitan hospitals
- Clients with acquired or neurodegenerative disability
- Allied health input according to client need
- Funded by Department of Health – daily fee is applicable



The interdisciplinary teams



TAP

- ✓ NDIS Transition Coordinator
- ✓ Disability Support Worker
- ✓ Occupational Therapist
- ✓ Physiotherapist
- ✓ Registered and Enrolled Nurses
- ✓ Social Worker
- ✓ Speech Pathologist
- ✓ Therapy Assistant

TRP

- ✓ Clinical Psychologist
- ✓ Community Integration Coordinator
- ✓ Disability Support Worker
- ✓ Occupational Therapist
- ✓ Physiotherapist
- ✓ Registered and Enrolled Nurses
- ✓ Social Worker
- ✓ Speech Pathologist
- ✓ Therapy Assistant

Eligibility for both programs

- ✓ Aged 16 to under 65
- ✓ Medically and psychiatrically stable
- ✓ Discharge options
- ✓ Does not require a secure environment
- ✓ Not actively substance seeking
- ✓ Person is able to meet fees



Contact



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