



FIONA STANLEY HOSPITAL news

JULY 2014

A WA first for Youth Mental Health at Fiona Stanley Hospital

Fiona Stanley Hospital will be the first hospital in WA to host a dedicated mental health youth unit when we open in February 2015 as part of Stage 3 of the hospital's phased opening schedule.

Following the announcement that FSH will include youth mental health beds, Minister for Mental Health, Helen Morton, met with media and industry stakeholders for a tour of the building and an explanation of the functionality of the service.

The purpose-built mental health service will consist of 30 beds, including an eight-bed mother and baby unit and will now also cater to youth.

FSH's dedicated mental health youth unit – YoU – will provide care for young people aged between 16 and 24 in a supportive environment. It will be staffed by clinicians that have been specially trained in evidence-based, best practice interventions and age-appropriate therapies.

FSH worked closely with community-based youth services to develop the new unit, which will give young people access to a level of care they haven't been able to receive before and help to build and strengthen support for young people with mental health disorders in the community.



Mental Health Minister Helen Morton, consumer Evie Butterworth and FSH Executive Director Liz MacLeod at the tour.

Meet the Nurse Director of the State rehabilitation service

Eva Storey

State rehabilitation will be the first service to open in October as part of FSH's phased opening schedule. We spoke to the Eva Storey, Nurse Director of Rehabilitation, about her background and vision for the service.

What did you study to get to this position?

I did three years nurse training in the United Kingdom (UK) plus a Diploma in Professional Studies in Nursing, a Bachelor of Science in Community Health – District Nursing and a Masters in Gerontology.

What are some of your work history highlights?

I have a broad range of nursing experience working in hospitals when I first qualified and then later moving to work as a community nurse in Manchester, UK. I have worked as a clinical lead for older people and active case management and taught pre-registration nursing students at the University of Manchester and Salford University in the UK. I have experience as a project manager working in commissioning in a primary care trust and have also three years working as a Director of Nursing in Doha, Qatar, managing two districts of nurses who visited patients at home.



Eva Storey (Centre) with the State rehabilitation service Nurse Unit Managers from left: Sandy Denison, Marj McGuinness, Bev Hardcastle and Anne Watts.

How did you learn of/apply for the role at FSH?

My daughter lives in Perth and I visited her often and knew that a new hospital was to be built. I registered my interest in nursing positions on the Fiona Stanley Hospital website and received job bulletins for the nurse director positions last summer. My husband was born in Australia and it has always been our plan to come and live and work here. I was interviewed by video conference in Doha

last summer and the rest is history as they say!!

What is your vision for the State rehabilitation service?

I feel very privileged to have been offered the Nurse Director position for the State rehabilitation service. My vision is that we will be seen as a centre of excellence for rehabilitation in Australia and that other professionals will want to come to Perth to see first-hand the work that we will be doing to benefit rehabilitation.

What are some of the features of the State rehabilitation service that you are excited about?

There are lots of things that I am excited about; the building is fantastic and will have state-of-the-art facilities for patients. The space has been designed to be therapeutic and the building has a lovely light and airy feel when you walk round. I love the use of art both inside and outside the building. We have an opportunity to develop new models of care so that therapy is available twenty four hours a day seven days a week which is new and innovative for Western Australia.

The staff that are transitioning from Shenton Park Hospital are all very dedicated to rehabilitation patients and I am excited for them to be able to work in such fantastic facilities.

I have been involved with the staff tours of the building and it is so nice to see the reactions of staff when they see the building for the first time. This is a once-in-a-lifetime opportunity for myself and the nursing teams to be part of something very special for patients requiring rehabilitation in WA.

Testing underway

As part of our opening preparations, the FSH emergency response plan and the capabilities of the purpose built helipad were tested during a half-day rescue scenario.

Resembling the set of an action film, the large scale scenario included more than 50 doctors, nurses and external agencies such as Department of Fire and Emergency Services (DFES) and involved the transportation of an injured patient to FSH in a rescue helicopter and a simulated crash that resulted in multiple mock casualties.

The exercise was conducted in a high pressure environment and was just one in an extensive program that tests a range of scenarios at FSH, including the after-hours presentation of a woman in advanced labour and a situation involving an aggressive threat.



FHS staff worked closely with officers from DFES.

The outcome of the scenario showed the commitment and huge amount of work by the FSH team. It was a successful learning exercise for all involved that will continue throughout the scenario testing program over the coming months.

DFES officers working on the FSH helipad during the mock scenario.



Welcome Jamaica Blue

FSH has welcomed its first food outlet, Jamaica Blue, much to the excitement of staff and visitors to the site.

The café is the first in a number of food outlets that will soon cater to patients, staff and visitors and can be found next to the pathology building outside the main hospital entrance.



From left Greg Wenham (FSH Director Facilities Management), Drew Eide, (Jamaica Blue), Dr Robyn Lawrence (FSH Executive Director), Joe Boyle (FSH Transition Director, Serco), Marc Garreffa (Jamaica Blue).

What are end of trip facilities?

FSH is leading the way in encouraging alternative modes of transport at public hospitals by providing staff and patients with access to a range of end of trip facilities.

End-of-trip facilities are provided for staff or visitors who wish to walk or cycle to the hospital.

The staff facilities at FSH include amenities such as secure bike storage, showers and lockers. All bicycle storage areas are undercover, accessed via a security device, monitored by security and have an easy connection to the cycle pathways that link to FSH.

Members of the public will also have access to 72 bicycle parking stands near the main hospital entrances and 12 outside the education and pathology buildings.



Stylish bike racks outside the main building are available to visitors.



Approximately 200 secure bike racks are available to staff under the State rehabilitation centre

The end of trip facilities are a great example of how both the building design and operational phases of FSH have come together to enable the practice of “green” health care in Western Australia.

With Perth’s relatively flat landscape, good weather and a growing network of cycling routes and footpaths, walking or cycling is sure to become an enjoyable way for both staff and visitors to access the hospital.

Fiona Stanley Hospital is preparing for opening

Almost two million items are currently being delivered and distributed to the correct location at Fiona Stanley Hospital - a vital task in preparing for the opening in October.

The deployment team is responsible for ensuring that all of the clinical equipment furniture, fittings and equipment that required across the hospital's 9,000 rooms is ready in time for the first phase of opening.

This includes:

- more than 700 specialised beds ranging from high specification intensive care beds to general ward beds
- 18,000 orthotics and prosthetics tools
- approximately 80,000 surgical instruments
- training aids, including simulation equipment that manifest vital signs, clinical signs and symptoms for education purposes
- physiotherapy equipment, including treadmills, multi-gyms, seated leg presses, and equipment specifically designed to be accessible to the physically impaired
- over 1800 items of bolsters, physiotherapy balls, crutches, walking frames, pulley traction equipment and parallel bars
- over 67,000 crockery and cutlery items, including 49,000 items for patient catering and 18,000 items for 88 other locations throughout the hospital.

To increase efficiency and utilisation rates, and reduce loss of hospital property, thousands of pieces of equipment within the hospital will be tagged using a real time location system which will monitor their movement around the hospital.

Pictures of FSH

As more people visit FSH we are seeing some great photos on social media. Each month we feature one from Instagram so be sure to hashtag your photos #FionaStanleyHospital for your chance to be included.



This month's photo of storm clouds against the State rehabilitation service (left) and the main hospital building (right) comes from Instagram user **marc1ar**.

We think it is perfect for this winter edition of the FSH Newsletter.

We would love to hear from you!

To have your say or ask us a question, just drop us a line.

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